

## Advocacy Services in Cardiff

Option 1

Older People	Dementia	Mental Health	Self advocacy	Learning Disability and/or Autism	Children, Young People Parental Advocacy	Other
<p><b>Age Cymru HOPE project</b> Support for older people (50+) and carers <b>029 2043 1555</b> <a href="mailto:advocacy@agecymru.org.uk">advocacy@agecymru.org.uk</a> <b>MHM Wales</b> Residential Care Advocacy, and Hospital Advocacy <b>0808 8010577</b></p>	<p><b>Age Cymru Dementia Advocacy</b> Support for anyone with dementia, whether they have capacity or can communicate or not. <b>029 2043 1555</b> <a href="mailto:dementiaadvocacy@agecymru.org.uk">dementiaadvocacy@agecymru.org.uk</a></p>	<p><b>Advocacy Support Cymru</b> Supporting for individuals in receipt of Secondary Mental Health Services <b>02920 540444</b> <a href="mailto:info@ascymru.org.uk">info@ascymru.org.uk</a></p>	<p><b>Cardiff People First</b> Supporting individuals to represent and speak up for themselves. <b>029 2023 1555</b></p>	<p><b>Advocacy Matters (Wales)</b> <b>02920 233733</b> <b>Advocacy Support Cymru</b> <b>02920 540444</b> <a href="mailto:info@ascymru.org.uk">info@ascymru.org.uk</a> Support for individuals with a learning disability and/or Autism</p>	<p><b>NYAS</b> Independent professional advocacy for any child or young person under 25. <b>0808 808 1001</b> <a href="mailto:help@nyas.net">help@nyas.net</a></p> <p>Independent professional advocacy for parents who have child/children under 18 years in the child protection arena. <b>0808 808 1001</b></p>	<p><b>Spot Purchasing:</b></p> <p><b>Dewis CIL</b> Physical Disabilities</p>

In addition to the services above, the MCA, MHA and SSWB Acts set out statutory rights to advocacy. If they apply, you may also choose from the services below.

Option 2

IMHA	IMCA	IPA	RPR
<p><b>Are they sectioned under the mental health act, under guardianship or subject to a community treatment order or in hospital informally receiving treatment for their mental health?</b></p> <p>If so, they have a legal right to an <b>IMHA (Independent Mental Health Advocate)</b></p> <p><b>ASC Advocacy Support Cymru</b> <b>029 2054 0444</b> <a href="mailto:info@ascymru.org.uk">info@ascymru.org.uk</a></p>	<p><b>Do they lack capacity and have no appropriate family / friends to consult?</b></p> <p>If not, are they facing serious medical treatment, a safeguarding concern or DoLS? Or does their RPR need support in their role?</p> <p>If so, they have a legal right to an <b>IMCA (Independent Mental Capacity Advocate)</b></p> <p><b>ASC Advocacy Support Cymru</b> <b>029 2054 0444</b> <a href="mailto:info@ascymru.org.uk">info@ascymru.org.uk</a></p>	<p><b>Do they have social care needs?</b> If so, do they want support with care and support planning, assessment, review, or safeguarding ?</p> <p>If so they have a statutory right to an <b>IPA. (Independent Professional Advocate)</b></p> <p><b>Single point of contact for referrals:</b></p> <p><b>Cardiff and Vale Advocacy Gateway</b> Referring to MHM Wales and Advocacy Matters (Wales) <b>0808 8010577</b></p>	<p><b>Are they subject to a DoLS?</b></p> <p>If they do not have someone to represent them, they have a statutory right to an <b>RPR</b> Relevant Person's Representative.</p> <p><b>Training in Mind</b> <b>01495 768844</b> <a href="mailto:advocacy@traininginmind.co.uk">advocacy@traininginmind.co.uk</a></p> <p><b>MHM Wales</b> <b>01656 649557</b> <a href="mailto:referrals@mhmwales.org">referrals@mhmwales.org</a></p>

### Cardiff and The Vale Liais

Support for people who have a concern about any NHS or Social Care treatment they have received whether in the community or a hospital setting.

**02920 750112** [cardiffandvaleenquiries@llaascymru.org](mailto:cardiffandvaleenquiries@llaascymru.org)